## TEXAS RAPE PREVENTION & EDUCATION PROGRAMFY23 | Q+

This report describes programming and activities that were conducted in November of 2023, December of 2023, and January of 2024.

#### PROGRAMS IMPLEMENTED

17 funded sexual assault programs across Texas are implementing 6 prevention programs + community-level activities with 6th - 12th graders, college/university students, and adult influencers. No less than 50% of all strategies are implemented at the community/societal level and not solely in school settings.

Close to Home (10 grantees) | MVP Strategies (5 grantees) | Be Strong (3 grantees) | Bringing in the Bystander (2 grantees) | Live Respect (1 grantee) | #HealthyRelationship Goals (1 grantee)

### **COMMUNITY-LEVEL ACTIVITIES**



implemented community-level activities

Community-level activities include activities designed to promote social norms that protect from violence or strengthening leadership and opportunities for girls. There are a wide range of activities that support these approaches. Below are examples of activities being conducted by SAPCS-Federal grantees.

Promoted education and positive ideas on healthy relationships through planning and executing community events

Participated in vendor markets, community fairs, outreach events, and health expos to promote collaboration with community members

Held winter "Discovery Days
Camp" where youth discussed
topics such as self-care,
boundaries, and goal setting for
the new year

Facilitated conversations about sexual violence with youth community group

Held "Denim Day" with PATH students to promote awareness about sexual violence prevention

Created and posted social media content using bystander approaches

#### **SOCIAL MEDIA & PODCASTS**

Compared to quarter 3, there was a decrease in the number of social media followers. The majority of the decrease was among Facebook, Instagram, and TikTok followers. However, X (previously Twitter) and LinkedIn reported an increase in followers.



21,198 Facebook followers across 10 grantees most posting at least once this quarter



56 TikTok followers across 2 grantees posting at least monthly this quarter



8,295 Instagram followers across 13 grantees most posting at least a couple times this quarter



30 additional podcasts from 3 grantees with the number of listeners spanning from Under 50 to 501+



803 X (previously Twitter) followers across 2 grantees posting at least a couple times this quarter



258 LinkedIn followers from 1 grantee posting at least a couple of times this quarter

Texas RPE grantees have a total of 30,610 followers across all social media platforms

## TEXAS RAPE PREVENTION & EDUCATION PROGRAM FY23 | Q+

#### **YOUTH ENGAGEMENT**

Hart's Ladder is an assessment tool used to measure authentic youth engagement in a given program. The goal is to see an increase over time, but youth's engagement may move up and down the different stages throughout the year. The aim is to move toward youth-led activities.

Youth engagement remained the same from last quarter

More than half of grantees engaging youth reached the top four rungs of the ladder.

Youth-led activities, in which decision making is shared between youth and adults working as equal partners

Youth-led activities with little input from adults

Adult-led activities, in which decision making is shared with youth

Adult-led activities, in which youth are consulted and informed about how their input will be used and the outcomes of adult decisions

Adult-led activities, in which youth understand purpose, decision-making process, and have a role

Adult-led activities, in which youth are consulted with minimal opportunities for feedback

This number is the number of grantees that reported being at the given rung during the quarter.

Adult-led activities, in which youth understand purpose, but have no input into planning

Adult-led activities, in which youth do as directed without explanation of the purpose for the activities

Adapted from Hart, R. (1992). Children's Participation from Tokenism to Citizenship. Florence: UNICEF innocent Research Centre, as cited in www.freechild.org/ladder.html. Graphic courtesy of the Texas Association Against Sexual Assault.

18% of grantees

(3) moved up at least one rung

this quarter.

"Teen Dating Violence Awareness walk and the Healthy Relationships Rock!! Rock garden with youth from Las Promesas"

### Youth Engagement Bright Spots

Youth continued to participate and demonstrate leadership in some areas. Youth engaged in community activities such as art club, teen night and youth advisory boards. Youth were open to collaborations which fostered a sense of ownership of the program. Youth were willing to learn more about the history of their communities, provide feedback regarding programming and help foster a culture of prevention.

# TEXAS RAPE PREVENTION & EDUCATION PROGRAM FY23 | Q4

#### **EDUCATION & OTHER EDUCATION**

The priority of Texas programming is to create environmental and community change by increasing the use of community-level strategies over time. As we make this transition from individual education to community-level strategies, we recognize that the use of individual education, and therefore the reporting of that education, are a part of our current programming (either through implementing a curriculum in support of community-level strategies or by holding meetings with community partners). We want to emphasize that the effectiveness of the RPE program is not measured by the number of sessions conducted or the number of individuals receiving individual education; therefore we are not including those numbers in this report. The overall reach of prevention efforts (community-level strategies and education) is reported once a year to the Centers for Disease Control and Prevention, which funds this project. That information is available in the RPE Year at a Glance report.

The number of sessions and number of participants conducted under this grant are only reported collectively to the Texas Legislative Budget Board (along with education conducted under all OAG grants) and to the Department of State Health Services Title V program.

Other education refers to live, interactive instruction conducted in person or in a virtual environment.

implemented educational seminars

implemented training programs for professionals

 $\sim\,$  decrease from last quarter

Education activities occurred in community-based organizations that primarily serve youth (reported by 6 grantees), schools (4), other community-based organizations (1), college/university (3), and others (4).

Evaluation

implemented other education for internal audiences

Agency staff was the most frequently reported internal audience (6 times), followed by volunteers (2).

decrease from last quarter

implemented asynchronous programming

implemented other education for external audiences

OF GRANTEES

Youth (12) were the most frequently reported external audience followed by Adult influencers (12), and other external audiences (4).

## ADMINISTRATION

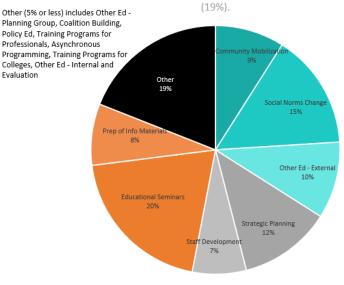
had changes in key personnel that may have had an impact on the program or grant performance.

decrease from last quarter

had a grant-funded position vacant for more than 3 months

increase from last quarter

The majority of resources were spent on community-level initiatives (34%), followed by individual education (28%) and organizational capacity building



GRANTEES